## **Chapter-11**

# **Food Security**

#### **Choose the Correct Answer.**

 Prevalence of chronic energy deficiency was\_\_\_\_\_ in the states of Odisha, Gujarat and Uttar Pradesh.

(a)Highest	(b) Constant	(c) Lowest	(d) All
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Nutritionists in India suggests that every person should eat 300 grams of vegetables but availability was-

(a) 180 grams (b) 220 grams (c) 240 grams (d) 300 grams

3. A survey conducted by the National Institute of Nutrition (NIN) \_\_\_\_\_\_ across many states in the country confirms the overall alarming status of nutrition ( )

(a) Warangal (b) Karimnagar (c) Hyderabad (d) Vizag

4. \_\_\_\_\_ for blood formation is provided through green leafy vegetables, ragi, etc. ( )

(a) Vitamins (b) proteins (c) Iron (d) Carbohydrates

5. About \_\_\_\_\_\_ children studying in schools eat midday meal today. ( )

(a) 13Crore (b 14Crore (c) 15Crore (d) 16Crore

- 6. The India govt. came out with a new law in \_\_\_\_\_\_ called the National

   Food Security Act.
   ( )
  - (a) 2013 (b) 2012 (c) 2014 (d) 2011
- 7. Midnapore has \_\_\_\_\_\_ soil.

(a)Black cotton (b) Alluvial (c) Red laterite (d) Sandy

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8. Farmers require support in terms of inputs and market opportunities for diversification to other \_\_\_\_\_ crops.

(a)Vegetable (b) Non – food (c) Food (d) None

9. \_\_\_\_\_ are the places where young children are taken care of including meals during the day.

(a) Pre schools (b) Balwadi (c) Anganwadi (d) none of them

 10. The Bengal Famine in \_\_\_\_\_\_ took away 3 to 5 million lives in Bengal, Assam and Odisha.

(a) 1960-62 (b) 1943-45 (c) 1955-57 (d) ) 1976-78

#### Answers

1) a 2) a 3) c 4) c 5) b 6) a 7) c 8) c 9) c 10) b

### Fill in the Blanks.

- 1. Jowar is an example for \_\_\_\_\_\_ cereals.
- 2. The \_\_\_\_\_\_ also has become pro-active in ensuring food security.
- 3. The prevalence of \_\_\_\_\_\_ deficiency (BMI<18.5) among men was about 35%.
- 4. The Farmers are paid a pr announced price for their crops, this price is called
- 5. The \_\_\_\_\_\_ also has become pro important aspect of food security.

6. \_\_\_\_\_\_\_ is the largest school feeding program in the world.

7. Famines are situations of extreme \_\_\_\_\_\_ of food.

8. \_\_\_\_\_ where people go and buy food grains at subsidized prices.

- 9. \_\_\_\_\_ need a diverse food basket and a balanced diet.
- 10. Food security act covers \_\_\_\_\_ of the population of India.

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#### Answers

1. Coarse	2. Ind	ian Judiciary	3. Chronic energy deficiency
4. Minimum support price	5. Ac	cess to food	6. Mid day meals in India
7. Scarcity	8. Rat	ion shops	9. Consumers
10. Right to food.			
Match the following.			
1. Food security Act	[	] a. Food consumed	l adequate or not
2. Coverage of food security	[	] b. Protection	
3. Agricultural diversification	[	] c. Energy	
4. Access to food	[	] d. Growth	
5. Buffer stock	[	] e. Blood formatio	n
6. Nutrition status		] f. FCI	
7. Carbohydrates	I	] g. 2013	
8. Proteins	[	] h. 2/3 of population	on of India
9. Vitamins	[	] i. Cash crop & da	irying
10. Minerals	[	] j. Buff food for co	onsumption
Answers			
1) g 2) h 3) i 4) j	5) f	6) a 7) c 8) d	9) b 10) e

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